

Name:

Date:

Test #11

Basic First Aid

Circle Correct Answer

1. Basic first aid allows you to quickly determine a person's physical condition and the correct course of treatment. **[True/False]**
2. D refers to Danger in DRABC. **[True/False]**
3. The three Cs are Call, Contact and Care. **[True/False]**
4. If a person is unconscious, try to rouse them by (slapping/speaking) to them or by tapping at the shoulder.
5. It is never appropriate to move the person on their side to clear the airway. **[True/False]**
6. If you suspect a spinal injury you should leave the person where they are, provided they are breathing. **[True/False]**
7. In the center of the chest below the ribs, put your two hands together and compress approximately two inch's at a rate of one hundred compressions per minute. **[True/False]**
8. After (30/100) compressions give (2/4) rescue breaths, done by opening the airways, closing the nose and fully covering the mouth hole.
9. What are the ABC's of CPR? (Airway/Angle,Back/Breathing,Circulation/Care)
10. You should check for circulation by checking a major pulse point. **[True/False]**
11. Except for heat stroke, you should always keep a person warm as you wait for medical help. **[True/False]**
12. You should (always/never) prop an unconscious persons head with a pillow.
13. The first thing to do treating common problems with first aid is to protect yourself from blood borne pathogens **[True/False]**
14. After protecting yourself your next priority should be control of (environment/bleeding).
15. A person in shock will have (warm/cool/dry/clammy) skin and be (calm/agitated).
16. Untreated shock can be fatal. **[True/False]**
17. When providing first aid for a broken bone the first step is to numb the pain. **[True/False]**
18. One way to help a choking victim is the (Handle/Heimlich) maneuver. **[True/False]**
19. First and second degree burns should be treated by immersing or flushing with cool water for at least (5/10) minutes.
20. You should try to remove charred clothing stuck to burns. **[True/ False]**
21. Common symptoms of concussion include vertigo and nausea. **[True/ False]**

See Back ->

22. In case of suspected spinal cord injury it is important not to move the person **[True/False]**
23. in case of seizure you should first clear the surrounding area to protect the person. **[True/False]**
24. After a seizure you should offer food and water, even if the person is not fully alert. **[True/False]**
25. Symptoms of a heart attack can include pain in the (armpit/foot).
26. When giving an Aspirin to a potential heart attack victim they should (chew/swallow).
27. A symptom of a stroke is temporary inability to talk or understand. **[True/False]**
28. If an animal is responsible for poisoning, you should try to kill it, bag it, and bring it with you to poison control. **[True/False]**

*For credit once completed fax or mail to 27885 270th Ave SW Crookston, MN 56716
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