

Name:

Date:

Test #10

Chest Compression Only CPR

Circle Correct Answer

1. Gender that is mostly related to heart problems (**male/ male and female**) .
2. Heart Attack victims are usually conscious. (**True/ False**)
3. Cardiac arrest victims are usually unconscious. (**True/ False**)
4. Primary CA: (**Select all that apply**)
 - a. Heart stops pumping
 - b. Blood in arteries full of oxygen
 - c. Often unexpected witnessed collapse
5. Secondary CA: (**Select all that apply**)
 - a. Heart stops pumping due to lack of oxygen
 - b. Drowning, Drug overdose or Choking
6. Chest Compression Only CPR is a new method of resuscitation developed through extensive research and is (**continuous / intermittent**) forceful chest compressions to circulate the person's blood to their brain and heart.
7. During primary cardiac arrest lungs are full of air, blood is full of oxygen and circulating the (**oxygenated/ deoxygenated**) blood is the key.
8. Rescue breathing may be harmful due to the interruption of chest compressions (**stops/ does not stop**) blood flow to the brain.
9. Chest Compression Only CPR saves more lives, and is dramatically better than doing nothing. (**True/ False**)
10. The three Cs are Check, Call, and (**Compress/ Circulation**).
11. The proper way to do Chest Compression Only CPR is to (**kneel/ stand**) beside victim on the floor. Place the heel of one hand on top of the other. (**Lock/ do not lock**) your elbows. Aim for the middle of the chest. [Between the nipples]. Push (**slow/ hard**) and fast, try for 100/min.
12. You should take turns with another person when tired. (**True/ False**)
13. Rate is at least 100 per min. and at least (**2in. / 4in.**) in depth.
14. Gasping is a sign of cardiac arrest, (**do/ do not**) stop chest compressions if the gasp.

*For credit once completed fax or mail to 27885 270th Ave SW
Crookston, MN 56716 or (218)-2813015*