

Name:

Date:

Text is found in handbook for this test.

Read through and then answer questions, you may refer back to the handbook as needed.

Emergency Use of Manual Restraint

Circle Correct Answer

1. Independence Plus, Inc. has a policy against using manual restraint.
(True/False)
2. Prohibited Procedures include all of these except:
 - A. Chemical Restraint
 - B. Manual Restraint
 - C. Timeout
 - D. Seclusion
 - E. aversive or deprivation procedures
 - F. All of these are prohibited
3. Emergency Use of Manual Restraint may be used except when:
 - A. A person's conduct poses an imminent risk of physical harm to self;
 - B. A person is engaging in verbal aggression with staff or others
 - C. A person's conduct poses an imminent risk of physical harm to others
 - D. Less restrictive strategies have not achieved safety.
4. Prohibited procedures occur most often when there is inadequate staffing, used for behavioral or therapeutic treatment to reduce or eliminate behavior, as punishment or for staff convenience. These prohibited procedures are **(acceptable/unacceptable)** under the **(Human Rights Act/Positive Support Rule)**.
5. Imminent risk of physical harm, least restrictive intervention to effectively achieve safety and end when the threat of harm ends describes the only conditions allowing for EMUR. **(True/False)**
6. "Prone restraint" means use of manual restraint that places a person in a **(face up/face down)** position and **(is/is not)** an approved EMUR procedure.
7. Each single incident of EUMR must be reported within **(3/7)** days by **(phone/writing)** to the supervisor or Mickey.
8. Within **(5/10)** days, the EUMR event must be investigated and the review must include a corrective action plan. **(True/False)**
9. Positive support strategies help recipients to build confidence and facilitate trust in the relationship with their caregiver. **(True/False)**
10. Positive support strategies ensure that targeted behaviors are met with **(discipline/positive)** efforts to reduce behaviors that **(interfere/intervene)** with a person's participation in the most **(safe/integrated)** setting.

For credit once completed fax or mail to 27885 270th Ave SW
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