

Name:

Date:

Test #17
Fall Prevention and Safety

Circle Correct Answer

1. Wet floors, open drawer, slippery shoes, and an icy walkway can lead to serious, painful injuries in the workplace. **(True/ False)**
2. Slips, trips and falls account for more than **(20%/ 60%)** of all non-fatal occupational injuries involving days away from work.
3. Causes for workplace slips, trips and falls: **(select all that apply)**
 - a. A Lack of Safety Awareness
 - b. Unsafe Conditions
 - c. Unsafe Behaviors
4. Slips happen when there is too little friction between your feet and the ground. **(True/ False)**
5. Trips happen when your body is in an unstable position. **(True/ False)**
6. Ways to reduce falls is to stay **(sleepy/ alert)** and aware of your surroundings, get plenty of rest, manage stress, avoid alcohol and drug use, take appropriate breaks.
7. Working on wet surfaces:
 - a. Make wide turns at corners
 - b. Walk slowly and take short steps
 - c. Keep feet pointed slightly outward
 - d. Keep hands free for balance
 - e. Wear appropriate slip-resistant shoes
 - f. All of the above
8. Techniques to prevent slips are wipe shoes thoroughly on rugs, wipe up **(dust/ spills)** mark spills or slippery area until cleaned up.
9. If you see a hazard on the floor you should **(clean it up/ leave it for the next person)**
10. To prevent trips keep areas **(lit/ dark)** and clean. Turn on lights every time you enter a room.
11. Keep all work areas and walkways clear of boxes, bags, papers, cords, etc. **(True/ False)**
12. Watch for curled rugs, chipped flooring. Close file drawers and cabinet doors after each use. Correct or report potential trip hazards. **(True/ False)**
13. Grip hand rails with **(none/ all)** your fingers and thumb.
14. Look **(a head/ behind)** when climbing stairs without lifting your head back. This tends to lean the body backward.
15. Carry only loads of a **(comfortable/ uncomfortable)** weight.

*For credit once completed fax or mail to 27885 270th Ave SW Crookston,
MN 56716 or (218)-2813015*