

Name:

Date:

Follow this link: <https://www.youtube.com/watch?v=gvellaltuvk&t=259s>

Read through and then answer questions, you may refer back to the video.

Positive Supports Rule and Person Centered Care

Quarter #3

1. The name of the 2011 lawsuit that drove the creation of the Positive Support Rule is:
 - a. **Jensen settlement agreement**
 - b. **Ombudson Case**
 - c. **Olmstead suit**
2. 245D went into effect in the year:
 - a. **2010**
 - b. **2011**
 - c. **2014**
3. The main purpose of the positive support rule is to:
 - a. **Increase regulation and improve standards of service.**
 - b. **Improve the quality of life of people receiving services.**
 - c. **Create a new program for persons with developmental disabilities.**
4. The positive support rule complements Minnesota statute 245D. (True/False)
5. The ethical application of positive supports rule applies only to persons with developmental disability or related condition and any person receiving a 245D license service. (True/False)
6. Positive support strategy is a (**strength / diagnosis**)- based strategy based on (**case averages/ individualized assessment**) emphasizes teaching a person (**socially acceptable behaviors/ productive and self-determined skills**) or alternative strategies and behaviors without the use of restrictive intervention.
7. Family members being paid to provide 245D services to a person with developmental disabilities must follow the positive support rule. (True/False)
8. The plan meeting the strategy is to facilitate team-based plan for improving a person's quality of life as defined by the person, the person's family, and other members of the community, and that focuses on the person's preferences, talents, dreams, and goals. (True/False)
9. Responsible parties and family members always provide person centered care for their family members with developmental disabilities or related conditions. (True/False)
10. Person centered planning is part of a family of approaches to organizing and guiding community change in alliances with people with disabilities and their families and friends. (True/False)
11. Person centered plans might reflect the person's strength preferences daily needs and activities and accomplishment of the goals and must be reviewed every six months. (True/False)

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12. Restrictive intervention means prohibited restraint, as described in rule 9544.0030. **(True/False)**
13. Chemical restraint means the administration of a drug or medication for the purpose of altering a person's behavior in a way that limits in the person's freedom. **(True/False)**
14. Manual restraint uses materials or equipment attached or adjacent to and for the use of practices that are intended to respect freedom or normalize movement of body or body parts. **(True/False)**
15. Mechanical restraint is the physical intervention intended to immobilize or limit a person's voluntary movement by using the body as the only source of physical restraint. **(True/False)**

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