Name: Date:

## Test #16

## Positive Supports Rule and Person Centered Care

- 1. The name of the 2011 lawsuit that drove the creation of the Positive Support Rule is:
  - a. Jensen settlement agreement
  - b. Ombudson Case
  - c. Olmstead suit
- 2. 245D went into effect in the year:
  - a. 2010
  - b. 2011
  - c. 2014
- 3. The main purpose of the positive support rule is to:
  - a. Increase regulation and improve standards of service.
  - b. Improve the quality of life of people receiving services.
  - c. Create a new program for persons with developmental disabilities.
- 4. The positive support rule complements Minnesota statute 245D. (True/False)
- 5. The ethical application of positive supports rule applies only to persons with developmental disability or related condition and any person receiving a 245D license service. (True/False)
- 6. Positive support strategy is a (strength / diagnosis)- based strategy based on (case averages/ individualized assessment ) emphasizes teaching a person (socially acceptable behaviors/ productive and self-determined skills ) or alternative strategies and behaviors without the use of restrictive intervention.
- 7. Family members being paid to provide 245D services to a person with developmental disabilities must follow the positive support rule. (**True/False**)
- 8. The plan meeting the strategy is to facilitate team-based plan for improving a person's quality of life as defined by the person, the person's family, and other members of the community, and that focuses on the person's preferences, talents, dreams, and goals. (True/False)
- 9. Responsible parties and family members always provide person centered care for their family members with developmental disabilities or related conditions. (True/False)
- 10. Person centered planning is part of a family of approaches to organizing and guiding community change in alliances with people with disabilities and their families and friends. (True/False)
- 11. Person centered plans might reflect the person's strength preferences daily needs and activities and accomplishment of the goals and must be reviewed every six months. (True/False)
- 12. Restrictive intervention means prohibited restraint, as described in rule 9544.0030. (True/False)
- 13. Chemical restraint means the administration of a drug or medication for the

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- purpose of altering a person's behavior in a way that limits in the person's freedom. (True/False)
- 14. Manual restraint uses materials or equipment attached or adjacent to and for the use of practices that are intended to respect freedom or normalize movement of body or body parts. (True/False)
- 15. Mechanical restraint is the physical intervention intended to immobilize or limit a person's voluntary movement by using the body as the only source of physical restraint. (True/False)

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